

Course: “**Leadership and capacity-building for women trade unionists**”

1952.024

Dates: 17-19 September 2019

Venue: Oostende (BE)

Time	Monday 16 September	Tuesday 17 September	Wednesday 18 September	Thursday 19 September
08.00		Breakfast	Breakfast	Breakfast
09.00 ./ 30'		Welcome Presentation <ul style="list-style-type: none"> - Participants - ETUI-Program Leadership styles <ul style="list-style-type: none"> - Individual and group activity - Discussions 	Debriefing day one Skills building activity <ul style="list-style-type: none"> - Activities based on Identified needs - Group activities - Reflections Introduction to coaching	Social media for TU leaders <ul style="list-style-type: none"> - Hands on activity - Expert feedback Reassess your leadership style <ul style="list-style-type: none"> - Reflection session Setting up the next session Conclusions Evaluation
12.30		Lunch	Lunch	Lunch (12.30)
14.00 ./ 30' 17.30	A r r i v a l s	Coping: health, stress and leadership <ul style="list-style-type: none"> - Individual activity - discussion Mapping trade union organisation from a gender perspective <ul style="list-style-type: none"> - Mind mapping exercise - Report back - Discussions 	Effective communication <ul style="list-style-type: none"> - Role play - Discussion Communication skills <ul style="list-style-type: none"> - Hands on activity - Expert presentation - Debates 	15.00 D e p a r t u r e
19.30	Dinner	Dinner	19.30 Dinner in the city	



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